

ARTHUR M. NEZU, PHD, DHL, ABPP

Extended Biography



At Drexel, Dr. Art Nezu is Distinguished University Professor of Psychology (College of Arts & Sciences), Professor of Medicine (College of Medicine), and Professor of Community Health and Prevention (School of Public Health), as well as Director of the Clinical Health Psychology major area of study in the doctoral program in clinical psychology. Previous major appointments include Senior Associate Dean for Research, Professor of Psychology, Department Chair, and Director of Clinical Training (PhD program) for the Medical College of Pennsylvania/Hahnemann University in Philadelphia, Director of Psychology and Associate Professor of Psychiatry at Beth Israel Medical Center/Mount Sinai School of Medicine in New York City, and Associate Professor of Psychology and Director of Clinical Training (Pre-doctoral Internship Program in Clinical Psychology) at Fairleigh Dickinson University in New Jersey. He also served as Special Professor of Forensic Mental Health & Psychiatry and Honorary Professor of Community Health Sciences at the University of Nottingham in England, consultant to the University of Hong Kong, and visiting professor at universities in Japan, Slovakia, and U.S. Air Force medical centers.

As a clinical researcher, Dr. Nezu has published over 225 articles and book chapters and 23 books on a wide variety of topics, including research methodology, cognitive and behavioral therapies, clinical case formulation, stress and coping, readjustment problems of Veterans, depression treatment, clinical health psychology/behavioral medicine, developmental disabilities, sex-offender treatment, multicultural issues in therapy, and unexplained medical symptoms. Several of his writings have been translated into various foreign languages, including Japanese, Chinese, Dutch, German, Spanish, Italian, Korean, and Portuguese. His research and program development has been supported by the Department of Veterans Affairs, the National Cancer Institute, the National Institute of Mental Health, and the Air Force. He frequently serves as a grant reviewer for NIH and was a member of two NIMH study sections.

Dr. Nezu's most significant professional contribution is as the co-developer of contemporary Problem-Solving Therapy (PST), a cognitive-behavioral intervention that has been designated an evidenced-based psychosocial treatment by multiple national and international professional organizations. His research and program development regarding PST has inspired numerous other researchers around the world to apply this intervention to a wide variety of psychological problems, medical illnesses, and patient populations. He also co-developed the *Social Problem-Solving Inventory* and *Social Problem-Solving Inventory-Revised*, which has become the gold standard measure of the construct of social problem solving. An additional extension of this work involves his having co-developed a model of case formulation based on problem-solving principles that is frequently taught in psychology and psychiatry training programs.

More recently, he co-developed several PST-based programs for the Department of Veterans Affairs and the Department of Defense that are currently being disseminated throughout the United States in various VA and DoD sites, including specialty mental health clinics, primary care settings, and home-based primary care programs. The VA and DoD, with Dr. Nezu serving as a lead consultant, have

further developed an award-winning web-based course, a smartphone app, and an educational videotape series for chaplains based on these various PST programs. He is currently serving as a consultant to the Air Force helping to develop a system-wide curriculum geared to enhance problem-solving competence.

Further major professional contributions involve his service as an editor. Specifically, Dr. Nezu is currently an Associate Editor for the *American Psychologist*, an Editorial Advisor for *Translational Behavior Medicine: Practice, Policy, and Research*, and an International Editorial Advisor for the *Australian Psychologist*. He recently completed a 6-year term as Editor of the *Journal of Consulting and Clinical Psychology*, was previously Editor of *the Behavior Therapist*, as well as an Associate Editor for the *Archives of Scientific Psychology*, and Section Editor for Diversity for *The Clinical Psychologist*. In addition, he is a Consulting Editor/Editorial Board Member for numerous scientific and professional journals. He previously served as the Chair of the Council of Editors of the American Psychological Association and currently is a member of the Task Force to Revise APA's Publication Manual (7th edition) and the Task Force to Revise the Journal Article Reporting Standards (JARS II) of APA. Dr. Nezu was Series Co-Editor for the Oxford University Series in *Specialty Competencies in Professional Psychology* and is currently Series Editor for APA's Concise Guides to Research in the *Behavioral, Health, and Social Sciences*.

Dr. Nezu is an elected Fellow of the American Psychological Association, the Association for Psychological Science, the Society of Behavior Medicine, the American Academy of Clinical Psychology, the American Academy of Cognitive and Behavioral Psychology, the Academy of Cognitive Therapy, the Society of Clinical Psychology, and the Association of Behavioral and Cognitive Therapies. In addition, he is recognized by the National Academies of Practice as a Distinguished Scholar/Practitioner of Psychology. He has served in a number of key positions in various professional organizations, including President/Head of the Association of Behavioral and Cognitive Therapies, the American Board of Cognitive and Behavioral Psychology, the World Congress of Behavioural and Cognitive Therapies, and the Behavioral Psychology Specialty Council. He also served as Member-at-Large for the Society of Clinical Psychology. He is triple-board certified (Cognitive and Behavioral Psychology, Clinical Psychology, Clinical Health Psychology) by the American Board of Professional Psychology (ABPP) and previously served as a Trustee and Secretary for their board. An annual Dissertation Award for Research in Diversity offered by ABPP was created and named to honor his contributions regarding diversity in professional psychology (*Arthur M Nezu, PhD, ABPP Annual Dissertation Award for Diversity*).

Additional current/previous professional service on key committees and panels include the Scientific Advisory Board for the Center for Innovation and Research on Veterans and Military Families at the University of Southern California, the VA's Special Medical Advisory Group, which is the interdisciplinary committee that advises the Under Secretary of Health of the VA, the APA Panel on the Development of Clinical Practice Guidelines for the Treatment of Depression, and the International Consensus Panel for the development of the CONSORT Statement extension for Social and Psychological Interventions.

Dr. Nezu has received multiple awards for his professional and scientific contributions from several organizations, including the World Congress of Behavioural and Cognitive Therapies, the Association of Behavioral and Cognitive Therapies, the American Board of Cognitive and Behavioral Psychology, and the American Academy of Cognitive and Behavioral Psychology. For his overall contributions to the field of psychology, Dr. Nezu was awarded an honorary doctoral degree in 2014

(Doctor of Humane Letters, *Honoris Causa*) by the Philadelphia College of Osteopathic Medicine. In 2015, he was awarded the *Florence Halpern Award for Distinguished Professional Contributions to Clinical Psychology* by the Society of Clinical Psychology (Division 12 of APA) for “*Distinguished advances in psychology leading to the understanding and amelioration of important practical problems and outstanding contributions to the general profession of clinical psychology.*” This coming August 2017, Dr. Nezu will receive ABPP’s *Distinguished Contributions to the Profession of Psychology Award* which is given to “*honor a board certified specialist whose career represents outstanding contributions to psychology as a science and as a profession.*”